

Help Someone Stop Smoking Today!

Tell your friends and family members who smoke to
Call the Toll-Free New York State Smokers' Quitline.

**1-866-NY-QUITS
(1-866-697-8487)**

OR Visit

www.nysmokefree.com

The New York State Smokers' Quitline provides FREE coaching and nicotine replacement therapy (NRT) starter kits* to help smokers quit!

WHAT CAN YOU DO TO HELP?

Encourage people who smoke to call the New York State Smokers' Quitline for FREE help and a free NRT starter kit*.

Spread this message to your organization, friends and family.

WHO IS ELIGIBLE FOR SERVICES?

New Yorkers who smoke, aged 18 and older.

All qualify for free coaching, and most are eligible for the starter kit.

WHAT SERVICES ARE AVAILABLE?

Callers will receive free coaching, a follow up call, and an NRT starter kit.*

PLEASE HELP US SPREAD THE WORD ABOUT THIS PROGRAM!

*Most New Yorkers that smoke qualify.

