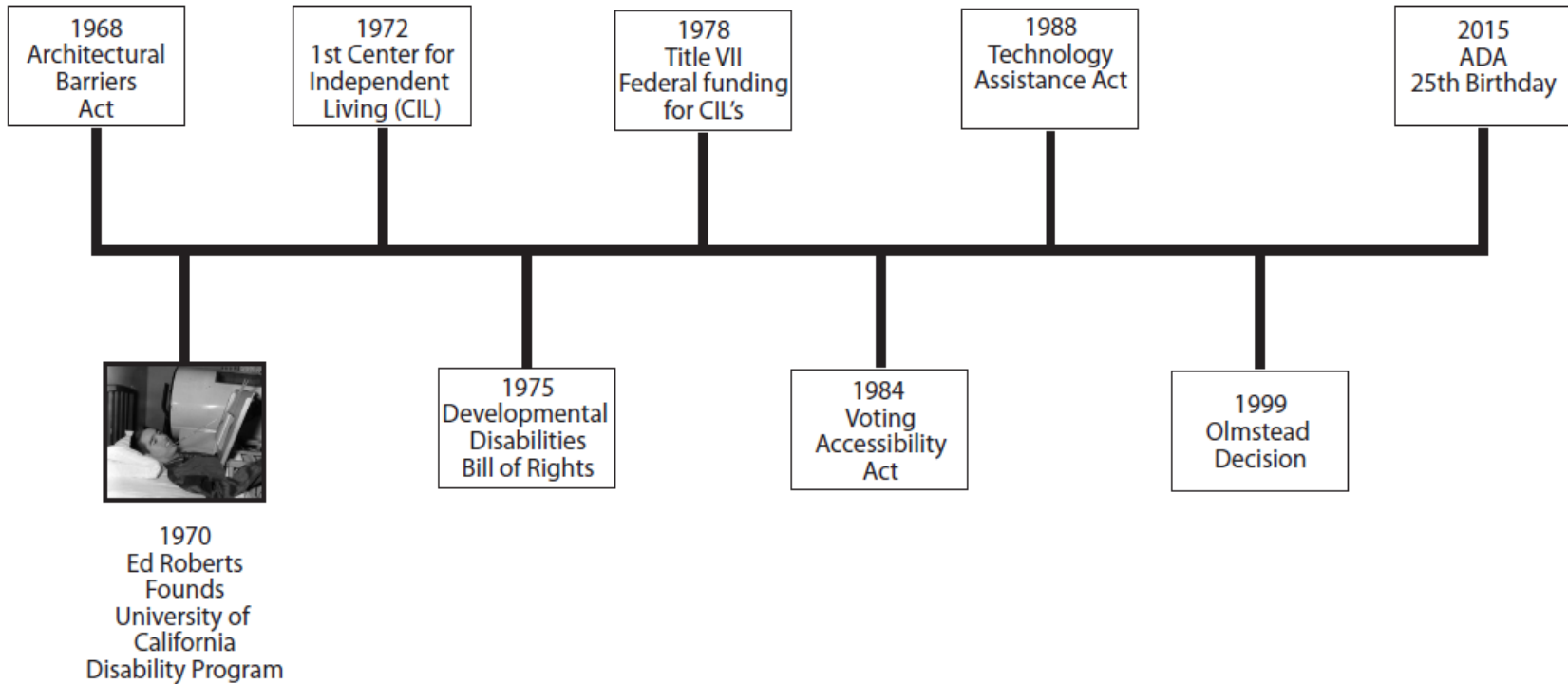


# INDEPENDENT LIVING CENTERS

SULLIVAN COUNTY:  
Action Toward Independence  
& Independent Living, Inc.

# HISTORY OF THE MOVEMENT



# INDEPENDENT LIVING CENTERS

- ⦿ Independent Living Centers (ILC's) are not-for-profit advocacy centers that provide services to assist people with disabilities to live fully integrated and self-directed lives.
- ⦿ They identify and facilitate removal of architectural, communication and attitudinal barriers to full participation in local communities and beyond.

<http://www.acces.nysed.gov/vr/independent-living-centers>

# PRIMARY FUNDING SOURCE

- ◉ The Office of Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR), Centers Administration Unit runs the New York State Independent Living Program.
- ◉ ACCES-VR administers base funding for 42 ILCS in New York State
- ◉ ACCES-VR: Independent Living Services  
89 Washington Avenue, Room 580 EBA  
Albany, New York 12234  
(518) 474-2925  
(800) 222-5627 (Voice/TTY, toll free)

# CONSUMER DIRECTED SERVICES

- ◉ ILCs (Independent Living Centers) are governed by a board of executives with at least 51% of people with disabilities.
- ◉ ILCs are staffed primarily by people with disabilities.
- ◉ Each ILC operates independently with their own board of directors and menus of services.
- ◉ Staff, board members, volunteers, and people served represent a broad cross-section of disabilities.
- ◉ ILCs are not residential programs.

# SERVICES ARE PROVIDED TO:

- ⦿ People with all physical and mental disabilities of all ages and their family members
- ⦿ People with disabilities living in their own homes, supported living arrangements, or institutional settings
- ⦿ School personnel
- ⦿ Business and industry
- ⦿ Local government agencies
- ⦿ Human Service organizations
- ⦿ Volunteer sector organizations
- ⦿ Hospitals, and the medical community
- ⦿ Civic organizations

# CORE SERVICES:

- ◉ Peer Counseling
- ◉ Independent Living Skills Training
- ◉ Information and Referral Services
- ◉ Individual and Systems Advocacy

# ADDITIONAL SERVICES:

- ◉ Housing assistance & information
- ◉ Benefits advisement & education
- ◉ Architectural and communication barrier consultation & advocacy
- ◉ In-service trainings, workshops/seminars on disability issues, disability laws and Independent Living philosophy
- ◉ Disability awareness training
- ◉ Assistance in registering to vote





## Our Mission

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— Serving and  
Empowering people with  
disabilities. —

Action Toward  
Independence promotes  
the independence,  
inclusion, participation,  
and personal choice of  
people with disabilities.  
ATI advances the  
independent living  
philosophy and advocates  
for the legal and civil  
rights of individuals with  
disability.



309 East Broadway  
Monticello, NY 12701



Call Us:  
845.794.4228



Email Us:  
[atitoday@atitoday.org](mailto:atitoday@atitoday.org)

- ◉ All Core Services Provided by an Independent Living Center
- ◉ Autism Parent Support Group
- ◉ Financial Empowerment Group
- ◉ Anger Management Group
- ◉ Parenting Class
- ◉ Parent to Parent Support Group
- ◉ Social Skills Training for Children on the Autism Spectrum
- ◉ Educational Advocacy
- ◉ MICA (Mental Illness/Chemical Addiction) Advocacy
- ◉ Information Access/Technology
  - Computers with Internet; adaptive equipment for people with visual impairments
- ◉ Veteran's Support Services & Service Dog Training
- ◉ Harvest Food Distribution
- ◉ United Way Loan Program



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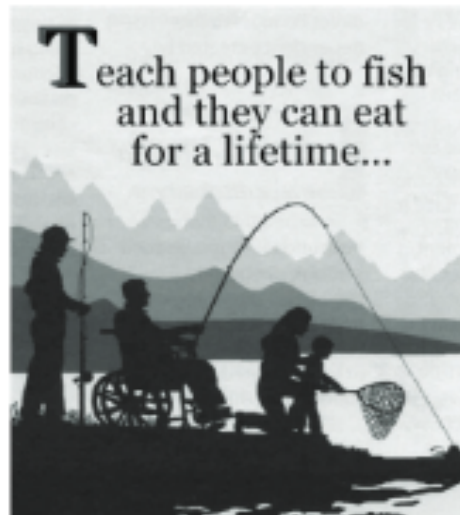
Email Us:  
[atitoday@atitoday.org](mailto:atitoday@atitoday.org)



INDEPENDENT  
**LIVING** INC.

[www.myindependentliving.org](http://www.myindependentliving.org)

*Serving people with disabilities in the Mid-Hudson Region since 1987*



**T**each people to fish  
and they can eat  
for a lifetime...

## Our Mission

A consumer-directed, cross-disability advocacy and service organization, dedicated to enhancing the quality of life for individuals with disabilities.

**Our Vision** A barrier-free society with opportunities for all persons to achieve their maximum potential.

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**5 Washington Terrace, Newburgh, NY 12550**

Phone: 845-565-1162 • Fax: 845-565-0567 • Videophone: 845-764-8384

**441 E. Main Street, Middletown, NY 10940**

Phone: 845-342-1162 • Fax: 845-342-1192

**14 Pelton St., East Wing, Monticello, NY 12701**

Phone: 845-794-3322 • Fax: 845-794-3323



- ◉ All Core Services Provided by an Independent Living Center
- ◉ ACCES-VR Orientation Presentation
- ◉ Wellness Groups for Mental Health
- ◉ Peer Transition/Diversion Services for Mental Health
  - Catskill Regional Medical Center Behavioral Health Unit
  - Sullivan County Jail
  - SC SPOA
- ◉ Peer Parent Education and Advocacy
  - Catskill Regional Medical Center Emergency Room for Mental Health
  - SC Children's SPOA
  - Education Advocacy (age 5-21)
- ◉ Early Childhood Education & Advocacy (Birth through age 5)
- ◉ Consumer Directed Personal Assistance Services (CDPAS Program)

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# CONSUMER CHOICE!

- ⦿ Consumers have the opportunity to choose which Independent Living Center to use within their community, depending on their needs and specific services requested.
- ⦿ Independent Living Centers do not duplicate services so we ask that consumers choose one, but we often refer to one another for assistance or referral.

**QUESTIONS?**

# THANK YOU!

Action Toward Independence  
309 East Broadway  
Monticello, NY 12701  
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