# We're more than just a

## Farm Stand!

Follow us on Facebook for the most current dates and locations of our Food Distributions, Farm Stands and Holiday Give-A-Ways!

Sign up now to see if you are eligible for some of our other great programs ... at no cost to you!

#### @UlsterCountyCommunityAction

Community Action will be holding sign-ups for our Emergency Food Pantry.

Participants will receive 3 to 4 days of food which will include canned and dry goods, personal hygiene items and frozen meats. You will be able to come to our food pantry every 30 days to receive these items.

Once registered, you may be eligible for many of our other services, such as:

Rental Assistance + Transportation Assistance + Utility Assistance

Farm Stand and Mass Distribution of Food

Holiday Baskets for Thanksgiving, Christmas and Easter

### What do you need to do to register?

It's simple, confidential and your information is not shared with anyone!

#### All we need is:

Proof of income for all members of the household, for the last 4 weeks, together with their valid identification. *It's that simple!* 



This is a one-time sign up that remains on file for one full year. There is no requirement to provide this documentation again during this year, unless there is a change in income or household composition.