

Behavioral Health Services in Sullivan County and Neighboring Areas

Emergency Services, Crisis, and Emotional Support Lines

SAMHSA's Helpline (Substance Abuse and Mental Health Services Administration) 1-800-662-4357

Crisis Text Line Text "Got5" to 741-741

National Suicide Prevention Lifeline 1-800-270-8255

Trevor Lifeline (LGBTQIA+ specific support) 1-866-488-7686 Or text "Start" to 678-678

NAMI (National Alliance on Mental Illness) 1-800-950-6264

H.O.P.E Referral and Information Line 866-832-5575

COVID-19 Emotional Support Hotline 1-844-863-9314

CHAMP (Community Health Access to Addiction and Mental Healthcare Project) 888-614-5400

Children's Crisis Outreach 845-701-3777

Mobile Mental Health 800-710-7082 OR 845-791-7123 (For adults 18 years and older)

Family Solutions (Parent helpline) 1-866-372-2336

Text line for Teens 845-372-1817

Organizations who offer Behavioral Health Care

Legend: Pediatric Services= P, Adult Services= A

Sullivan County Community Services (P, A)	Synergy of Monticello (P, A)
20 Community Lane	64 Jefferson Street, Suite 1
Liberty, NY 12754	Monticello, NY 12701
845-292-8770	845-791-8800
Calm Seas Psychotherapy (A)	The Center for Discovery (P, A)
155 N Main St	606 Old Rt 17
Liberty, NY 12754	Harris, NY 12742
888-975-2256	845-707-8400
Sun River Health (P, A)	Rehabilitation Support Services (RSS) (P, A)
19 & 23 Lakewood Avenue	22 Crystal Street
Monticello, NY 12701	Monticello, NY 12701
845-794-2010	845-791-4010 or 845-791- 4151
Choices Mental Health Counseling (A)	Crystal Run Health Care (P, A)
433 Broadway Suite 1	61 Emerald Place
Monticello, NY	Rock Hill, NY 12775
845-513-5002	845-794-6999



Cross the Bridge Counseling (P, A)	Veteran's Affairs of the Hudson Valley Healthcare System (A)
Services offered in Middletown and Rock Hill	Services offered in Monticello, Montrose, Castle Point, Carmel, Goshen, New City, Port Jervis, and Poughkeepsie
845-342-5789	914-737-4400 ext. 2330
Sullivan Community Services: Rockland Children's Psychiatric Center (P)	Ahava Medical (P, A)
125 Buckley Street	25 Carrier Street
Liberty, NY 12754	Liberty, NY 12754
845-292-0362	845-281-7200
Access Supports for Living (P, A)	Garnet Health (P, A)
16-24 Union Street	75 Crystal Run Road Suite 135
Middletown, NY 10940	Middletown, NY 10941
845-343-5556	845-333-7800
Windsor Counseling West (P, A)	Hudson Valley Center for Development (P, A)
682 East Main Street Suite 1D	1124 NY Route 94 Suite 201
Middletown, NY 10940	New Windsor, NY 12553
845-342-0114	845-787-1350
Orange County Mental Health (P, A)	Pine Bush Counseling (P, A)
5 Harriman Dr.	76 Boniface Dr # 8
Goshen, NY 10924	Pine Bush, NY 12566
845-291-2600	845-744-6974
Center for Stress Reduction (A)	Innerventure (A)
3 Coates Dr.	RT-17M
Goshen, NY 10924	Goshen, NY 10924
845-291-0999	845-418-4282
Middletown Pediatrics (P)	Minisink Psychology and Psychotherapy (P, A)
212 Crystal Run Road	25 Main Street, 3rd Floor
Middletown, NY 10941	Goshen, NY 10924
845-281-7667	845-624-2994
Delaware County Mental Health Services (P, A)	Redco Group Behavioral Health Services (P, A)
1 Hospital Rd	10 Buist Road, Suite 202
Walton, NY 13856	Milford, PA 18337
607-832-5888	570-296-1138

East Orange Psychiatric Associates, LLP (P, A)		Vitality Group Psychiatry Practice (P, A)	
400 Stony Brook Ct #1		3125 Rte 9W #204	
Newburgh, NY 12550		New Windsor, NY 12553	
845-565-0600		914-502-3998	
Honesdale Behavioral Health (P, A)		Behavioral Health Services of the Hudson Valley (P, A)	
600 Maple Avenue, Suite # 15		1 Jacqueline St.	
Honesdale, PA 18431		New Windsor, NY 12553	
570-253-8219		845-569-2900	
Astor Services for Children and Families (P, A)		Rockland Psychiatric Center (A)	
Services offered in Ellenville, Beacon, Wingdale, Hyde Park, Rhinebeck, Poughkeepsie, Kingston, and New Paltz		45 Ashley Ave. Middletown, NY 10940	
845-871-1000		845-343-6686	
Abbot House (P, A)		Cornerstone Healthcare (P, A)	
Children and Family Treatment and Support Services		Services offered in Middletown, Port Jervis, and New Windsor	
914-591-7300 ext. 3020		845-563-8000	

****See additional services on next page****



Private Providers who offer Behavioral Health Care

Private Providers who offer Behavioral Health Care	
Meghan Arfsten, Mental Health Counselor (P, A)	Jill Harmon-Selbo, Licensed Clinical Social Worker (P, A)
59 North Main Street	59 North Main Street
Liberty, NY 12754	Liberty, NY 12754
845-292-4403	845-292-4403
Private Providers who offer Behavioral Health Care	
Dr. Ira Lipton, Psychiatrist (P, A)	Dr. Michael Schwartz, Neuropsychologist (P, A)
111 Sullivan Ave #27	111 Sullivan Ave suite 2-5
Ferndale, NY 12754	Ferndale, NY 12734
845-292-9548	845-292-6222
Private Providers who offer Behavioral Health Care	
Edythe Raiten, Clinical Social Worker (P, A)	Laurel Bertram, Licensed Clinical Social Worker (P, A)
Monticello, NY	Monticello, NY
845-794-6938	845-798-0458
Private Providers who offer Behavioral Health Care	
Barbara Shaw-Zirt, PHD	Kathleen Christie, LCSW
Monticello, NY	Liberty, NY
845-794-1868	845-293-2143
Private Providers who offer Behavioral Health Care	
Dr. Shahala Gorovoy, Psychologist (A)	Dr. Manoucher Lavian, Psychiatrist (P, A)
41 Dolson Ave	129 Wickham Ave
Middletown, NY 10940	Middletown, NY 10940
845-325-6202	845-341-1805
Private Providers who offer Behavioral Health Care	
Dr. Quazi Al-Tariq, Psychiatrist (P, A)	Linda Douthart, Licensed Clinical Social Worker (A)
41 Dolson Ave	4 Union St
Middletown, NY 10940	Montgomery, NY 12549
845-344-2573	845-457-5757
Private Providers who offer Behavioral Health Care	
Dr. Richard Hahn, Psychiatrist (P)	Cristina Bates-Mott, Licensed Clinical Social Worker (P, A)
14 West Street	76 Boniface Drive Suite 8
Warwick, NY 10990	Pine Bush, NY 12566
845-988-9300	845-649-0972
Private Providers who offer Behavioral Health Care	
Dr. Olanrewju Somorin, Psychiatrist (A)	Mary Switala, Psychiatric Nurse Practitioner (P, A)
1200 state route 208 Suite 15	65 Main Street Suite 100
Monroe, NY 10950	Warwick, NY 10990
845-837-1635	845-545-5444

Maryann Ryan, Psychiatric Nurse Practitioner (P, A)	Dr. Lawrence Wenz, Psychologist (P, A)
65 Main Street Suite 100	151 Conklin Rd
Warwick, NY 10990	Monroe, NY 10950
845-545-5444	845-782-0872
Dr. Linden Schild, Psychiatrist (A)	Dr. Neal Robert Dunkelman, Psychiatrist (A)
20 West Ave Suite 103	42 Rykowski Ln,
Chester, NY 10918	Middletown, NY, 10941
845-463-3621	845-695-2131
Dr. Mukesh J. Jhaveri, Neuropsychiatrist (A)	Ryan Ramsey, Licensed Medical Social Worker (P, A)
24 Grove St	10 Weathervane Drive
Middletown, NY, 10940	Washingtonville, NY, 10992
845-343-4677	845-496-5437

****See additional services on next page****

Peer Counseling, Support/Advocacy Groups, Mediation

Peer Counseling, Support/Advocacy Groups, Mediation	
Action Toward Independence (ATI)	Independent Living, Inc.
309 E. Broadway, Suite A	14 Pelton Street, East Wing
Monticello, NY 12701	Monticello, NY 12701
845-794-4228	845-794-3322
Stronger Together Support Group	
Stronger Together Support Group	Adoptive and Foster Family Coalition
For family and friends of those struggling with substance use	Parent Support Group
2 nd and 4 th Monday each month at 7pm via Zoom	Every other Thursday at 7pm
https://tricountycommunitypartnership.org/stronger-together-support-group	https://affcny.org/programs/information-resources/event-calendar/
Sullivan County Intergroup Assoc.	
Sullivan County Intergroup Assoc.	NAMI (National Alliance on Mental Illness) of Sullivan Cty
AA meetings throughout Sullivan County	20 Crystal Street
https://scia-aa.com/meetings/	Monticello, NY 12701
845-234-4841	845-794-1029
Fearless! Hudson Valley	
Fearless! Hudson Valley	NAMI of Orange County
One on one web chat sessions and 24 hour hotline for abuse victims	Support groups and classes
https://fearlesshv.org/help/web-chat.html	https://www.namioc.org/support-groups
845-562-5340	714-544-8488
Alcoholism and Drug Abuse Council (ADAC)	
Alcoholism and Drug Abuse Council (ADAC)	Onward Recovery
Support groups, peer engagement specialists, family support, and more	Peer support and more in Sullivan, Orange, Ulster, Dutchess, and Rockland, Putnum, and Westchester
http://www.adacinfo.com/	http://onwardrecovery.org/
845-294-9000	845-565-1162 ext. 453
Cornell Cooperative Extension (CCE) Sullivan Co.	
Cornell Cooperative Extension (CCE) Sullivan Co.	Garnet Health
Caregiver support group	Support groups related to substance use, mental and physical health
845-292-6180 Ext. 122	https://www.garnethealth.org/patients-visitors/support-groups
Independent Living, Inc.	
Independent Living, Inc.	Independent Living, Inc.
30 Industrial Drive	5 Washington Terrace
Middletown, NY 10941	Newburgh, NY 12550
845-342-1162	845-565-1162

Mental Health Association of Orange County	NAR-ANON Family Groups
Support groups for veterans, OPWDD certified, and more	12 Step program for family and friends of someone with substance use
http://www.mhaorangeny.com/pg/supportgroups.html	https://www.nar-anon.org/find-a-meeting
Wayne Memorial Hospital	Sor 2 Recovery
Support groups for suicide loss, ALANON, and more.	Support groups and peer support for individuals impacted by substance use
https://www.wmh.org/services/support-groups/	https://www.facebook.com/SorProject/?fref=mentions&__tn__=K-R
Dispute Resolution Center (DRC)	
Family mediation, divorce mediation, parenting classes, & more	
390 Broadway, Suite #1 Monticello, NY 12701	
845-372-8771	
https://sullivanny.us/Departments/Youthbureau/Fundedyouthprograms	

Note: This list is not an endorsement of any particular provider and is not a complete list of regional services. If you or your organization are not listed here, please contact Christine Panos, Div. of Health and Family Services Community Health Coordinator at 845-513-2196.



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