

Behavioral Health Services in Sullivan County and Neighboring Areas

Emergency Services, Crisis, and Emotional Support Lines

9-1-1

SAMHSA's Helpline (Substance Abuse and Mental Health Services Administration) 1-800-662-4357

Crisis Text Line Text "Got5" to 741-741

National Suicide Prevention Lifeline 1-800-270-8255

Trevor Lifeline (LGBTQIA+ specific support) 1-866-488-7686 Or text "Start" to 678-678

NAMI (National Alliance on Mental Illness) 1-800-950-6264

H.O.P.E Referral and Information Line 866-832-5575

COVID-19 Emotional Support Hotline 1-844-863-9314

CHAMP (Community Health Access to Addiction and Mental Healthcare Project) 888-614-5400

Children's Crisis Outreach 845-701-3777

Mobile Mental Health 800-710-7082 OR 845-791-7123 (For adults 18 years and older)

Organizations who offer Behavioral Health Care

Legend: Pediatric Services= P, Adult Services= A

Sullivan County Community Services (P, A)	Synergy of Monticello (P, A)
20 Community Lane	64 Jefferson Street, Suite 1
Liberty, NY 12754	Monticello, NY 12701
845-292-8770	845-791-8800
Calm Seas Psychotherapy (A)	The Center for Discovery (P, A)
155 N Main St	606 Old Rt 17
Liberty, NY 12754	Harris, NY 12742
888-975-2256	845-707-8400
Sun River Health (P, A)	Rehabilitation Support Services (RSS) (P, A)
19 & 23 Lakewood Avenue	22 Crystal Street
Monticello, NY 12701	Monticello, NY 12701
845-794-2010	845-791-4010 or 845-791- 4151
Choices Mental Health Counseling (A)	Crystal Run Health Care (P, A)
433 Broadway Suite 1	61 Emerald Place
Monticello, NY	Rock Hill, NY 12775
845-513-5002	845-794-6999

Cross the Bridge Counseling (P, A)		Veteran's Affairs of the Hudson Valley Healthcare System (A)	
Services offered in Middletown and Rock Hill		Services offered in Monticello, Montrose, Castle Point, Carmel, Goshen, New City, Port Jervis, and Poughkeepsie	
845-342-5789		914-737-4400 ext. 2330	
Sullivan Community Services: Rockland Children's Psychiatric Center (P)		Ahava Medical (P, A)	
125 Buckley Street		25 Carrier Street	
Liberty, NY 12754		Liberty, NY 12754	
845-292-0362		845-281-7200	
Access Supports for Living (P, A)		Garnet Health (P, A)	
16-24 Union Street		75 Crystal Run Road Suite 135	
Middletown, NY 10940		Middletown, NY 10941	
845-343-5556		845-333-7800	
Windsor Counseling West (P, A)		Hudson Valley Center for Development (P, A)	
682 East Main Street Suite 1D		1124 NY Route 94 Suite 201	
Middletown, NY 10940		New Windsor, NY 12553	
845-342-0114		845-787-1350	
Orange County Mental Health (P, A)		Pine Bush Counseling (P, A)	
5 Harriman Dr.		76 Boniface Dr # 8	
Goshen, NY 10924		Pine Bush, NY 12566	
845-291-2600		845-744-6974	
Center for Stress Reduction (A)		Innerventure (A)	
3 Coates Dr.		RT-17M	
Goshen, NY 10924		Goshen, NY 10924	
845-291-0999		845-418-4282	
Middletown Pediatrics (P)		Minisink Psychology and Psychotherapy (P, A)	
212 Crystal Run Road		25 Main Street, 3rd Floor	
Middletown, NY 10941		Goshen, NY 10924	
845-281-7667		845-624-2994	
Delaware County Mental Health Services (P, A)		Redco Group Behavioral Health Services (P, A)	
1 Hospital Rd		10 Buist Road, Suite 202	
Walton, NY 13856		Milford, PA 18337	
607-832-5888		570-296-1138	
East Orange Psychiatric Associates, LLP (P, A)		Vitality Group Psychiatry Practice (P, A)	
400 Stony Brook Ct #1		3125 Rte 9W #204	
Newburgh, NY 12550		New Windsor, NY 12553	
845-565-0600		914-502-3998	

Honesdale Behavioral Health (P, A)	Behavioral Health Services of the Hudson Valley (P, A)
600 Maple Avenue, Suite # 15	1 Jacqueline St.
Honesdale, PA 18431	New Windsor, NY 12553
570-253-8219	845-569-2900
Astor Services for Children and Families (P, A)	Rockland Psychiatric Center (A)
Services offered in Ellenville, Beacon, Wingdale, Hyde Park, Rhinebeck, Poughkeepsie, Kingston, and New Paltz	45 Ashley Ave. Middletown, NY 10940
845-871-1000	845-343-6686

Private Providers who offer Behavioral Health Care

Meghan Arfsten, Mental Health Counselor (P, A)	Jill Harmon-Selbo, Licensed Clinical Social Worker (P, A)
59 North Main Street	59 North Main Street
Liberty, NY 12754	Liberty, NY 12754
845-292-4403	845-292-4403
Dr. Ira Lipton, Psychiatrist (P, A)	Dr. Michael Schwartz, Neuropsychologist (P, A)
111 Sullivan Ave #27	111 Sullivan Ave suite 2-5
Ferndale, NY 12754	Ferndale, NY 12734
845-292-9548	845-292-6222
Edythe Raiten, Clinical Social Worker (P, A)	Laurel Bertram, Licensed Clinical Social Worker (P, A)
Monticello, NY	Monticello, NY
845-794-6938	845-798-0458
Dr. Shahala Gorovoy, Psychologist (A)	Dr. Manoucher Lavian, Psychiatrist (P, A)
41 Dolson Ave	129 Wickham Ave
Middletown, NY 10940	Middletown, NY 10940
845-325-6202	845-341-1805
Dr. Quazi Al-Tariq, Psychiatrist (P, A)	Linda Douthart, Licensed Clinical Social Worker (A)
41 Dolson Ave	4 Union St
Middletown, NY 10940	Montgomery, NY 12549
845-344-2573	845-457-5757

Dr. Richard Hahn, Psychiatrist (P)	Cristina Bates-Mott, Licensed Clinical Social Worker (P, A)
14 West Street	76 Boniface Drive Suite 8
Warwick, NY 10990	Pine Bush, NY 12566
845-988-9300	845-649-0972
Dr. Olanrewju Somorin, Psychiatrist (A)	Mary Switala, Psychiatric Nurse Practitioner (P, A)
1200 state route 208 Suite 15	65 Main Street Suite 100
Monroe, NY 10950	Warwick, NY 10990
845-837-1635	845-545-5444
Maryann Ryan, Psychiatric Nurse Practitioner (P, A)	Dr. Lawrence Wenz, Psychologist (P, A)
65 Main Street Suite 100	151 Conklin Rd
Warwick, NY 10990	Monroe, NY 10950
845-545-5444	845-782-0872
Dr. Linden Schild, Psychiatrist (A)	Dr. Neal Robert Dunkelman, Psychiatrist (A)
20 West Ave Suite 103	42 Rykowski Ln,
Chester, NY 10918	Middletown, NY, 10941
845-463-3621	845-695-2131
Dr. Mukesh J. Jhaveri, Neuropsychiatrist (A)	Ryan Ramsey, Licensed Medical Social Worker (P, A)
24 Grove St	10 Weathervane Drive
Middletown, NY, 10940	Washingtonville, NY, 10992
845-343-4677	845-496-5437

Continue to next page for more behavioral health services

Peer Counseling, Support/Advocacy Groups

Peer Counseling, Support/Advocacy Groups	
Action Toward Independence (ATI)	Independent Living, Inc.
309 E. Broadway, Suite A	14 Pelton Street, East Wing
Monticello, NY 12701	Monticello, NY 12701
845-794-4228	845-794-3322
Peer Counseling, Support/Advocacy Groups	
Stronger Together Support Group	Adoptive and Foster Family Coalition
For family and friends of those struggling with substance use	Parent Support Group
2 nd and 4 th Monday each month at 7pm via Zoom	Every other Thursday at 7pm
https://tricountycommunitypartnership.org/stronger-together-support-group	https://affcny.org/programs/information-resources/event-calendar/
Peer Counseling, Support/Advocacy Groups	
Sullivan County Intergroup Assoc.	NAMI (National Alliance on Mental Illness) of Sullivan Cty
AA meetings throughout Sullivan County	20 Crystal Street
https://scia-aa.com/meetings/	Monticello, NY 12701
845-234-4841	845-794-1029
Peer Counseling, Support/Advocacy Groups	
Fearless! Hudson Valley	NAMI of Orange County
One on one web chat sessions and 24 hour hotline for abuse victims	Support groups and classes
https://fearlesshv.org/help/web-chat.html	https://www.namio.org/support-groups
845-562-5340	714-544-8488
Peer Counseling, Support/Advocacy Groups	
Cornell Cooperative Extension (CCE) Sullivan Co.	Garnet Health
Caregiver support group	Support groups related to substance use, mental and physical health
845-292-6180 Ext. 122	https://www.garnethealth.org/patients-visitors/support-groups
Peer Counseling, Support/Advocacy Groups	
Independent Living, Inc.	Independent Living, Inc.
30 Industrial Drive	5 Washington Terrace
Middletown, NY 10941	Newburgh, NY 12550
845-342-1162	845-565-1162
Peer Counseling, Support/Advocacy Groups	
Mental Health Association of Orange County	NAR-ANON Family Groups
Support groups for veterans, OPWDD certified, and more	12 Step program for family and friends of someone with substance use
http://www.mhaorangeny.com/pg/supportgroups.html	https://www.nar-anon.org/find-a-meeting

Note: This list is not an endorsement of any particular provider and is not a complete list of regional services. If you or your organization are not listed here, please contact Christine Panos, Div. of Health and Family Services Community Health Coordinator at 845-513-2196.



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