



*Sullivan County Emergency Services
Training Center
615 Old White Lake Turnpike
Swan Lake, NY 12783*

*Emergency Services Training Center
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TRAINING ANNOUNCEMENT

Course Title:	FIREFIGHTER SURVIVAL-SELF RESCUE
Location:	SULLIVAN COUNTY EMERGENCY SERVICES TRAINING CENTER
DATES	START DATE: APRIL 23, 2024 @ 7:00 PM CONTINUED DATES: 4/24, Sat. 4/27-2 units
HOURS	12

Course Description

This program is designed for self-rescue and rescue of trapped firefighters. Course content will enable firefighters to recognize the types of events encountered on the fire ground that contribute to firefighter disorientation and/or entrapment, to have knowledge of what is necessary to ensure their safety and that of their partners or crew members, and perform self-rescue techniques when disoriented, separated, or when needing to exit a structure in an emergency. The course requires students to perform a number of practical evolutions with a self-contained breathing apparatus.

FOR: Interior Structural Firefighters

LINK: [FFS: SELF RESCUE \(01-05-0092\) - 250](#)

Prerequisite

Firefighter I or Equivalent SCBA Medical Clearance, Training Authorization Letter

PRE-REGISTER Through LMS