

Our Roadmap to Better Health

Agency-led Solutions

Community-led Solutions

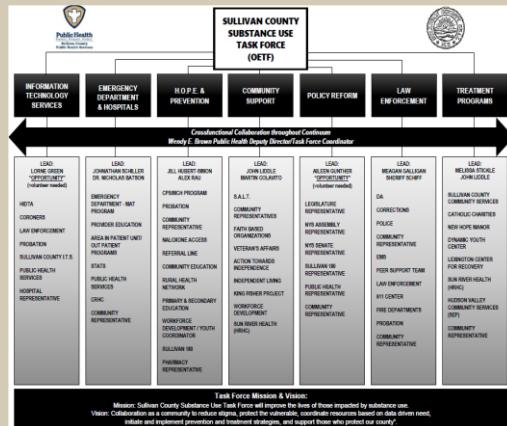
ENGAGE Family, Friends, and Neighbors

EASE Access to Care

- This project will oversee implementation of the **United Sullivan** “No Wrong Door” initiative to smooth referrals
- ✓ **Intervention and Prevention Dashboard** debuted on June 15th accompanies Sullivan 180 Resource Guide
- Will investigate and develop urgent and emergent mental health care response systems
- Increase cancer screenings
- Will develop and implement a long term plan to attract providers.

END the Opioid Crisis

- Our most urgent concern
- Task Force** pillars actively seeking solutions on a variety of issues
- Unified multi-agency effort under District Attorney leadership



ENHANCE Communities

- Broadest scope, most statistically significant
- Incorporates ongoing **Housing Continuum of Care** initiatives and plans
- Requires robust dialogue on training and skillsets needed to support growth and diversify our economy
- Requires investment in childcare capacity to enable everyone to reenter the workforce
- Support recreation

ENCOURAGE Healthy Behaviors

- This project is the “host” project to accomplish the **Community Health Improvement Plan**
- Will partner closely with the **Empowering a Healthier Generation** Campaign led by Sullivan180 for school-age children.
- Will focus on boosting wellness – physical and mental health – to reduce hospitalizations

Primary Areas of Concern	Primary Care Providers, Mammogram Screening	Injury Deaths	Post-Secondary Education, Income Inequality, Child Poverty	Adult Smoking, Adult Obesity, Physical Inactivity
Key Players	Existing and prospective providers, community organizations, consumer advocates	Substance Use Task Force, State and Federal Law Enforcement	Housing Continuum of Care, Partnership/Chamber/IDA, Childcare Council, SUNY Sullivan, BOCES	Sullivan 180, Rural Health Network, BOCES and School Districts

INVEST IN YOUR COMMUNITY

4 Considerations to Improve Health & Well-Being for All

WHAT

Know What Affects Health



WHERE

Focus on Areas of Greatest Need

Your zip code can be more important than your genetic code. Profound health disparities exist depending on where you live.



WHO

Collaborate with Others to Maximize Efforts



HOW

Use a Balanced Portfolio of Interventions for Greatest Impact

- Action in one area may produce positive outcomes in another.
- Start by using interventions that work across all four action areas.
- Over time, increase investment in socioeconomic factors for the greatest impact on health and well-being for all.

Four ACTION Areas



VISIT WWW.CDC.GOV/CHNAV FOR TOOLS AND RESOURCES TO IMPROVE YOUR COMMUNITY'S HEALTH AND WELL-BEING





Many Ingredients in our Recipe for Success...



Cornell University
Cooperative Extension



SALT



Public Health
Prevent. Promote. Protect.



Garnet Health

MEDICAL CENTER
Catskills



WORK TOGETHER
ENGAGE THE COMMUNITY
COMMUNICATE
SUSTAIN IMPROVEMENT RESULTS



SULLIVAN COUNTY
Democrat

THE RIVER REPORTER



- **Performance Metrics – Assess how well we are implementing the roadmap**
 - Designed using the results we expect to generate by completing new and existing projects related to community health
- **Outcome Metrics – Assess whether or not the roadmap is working**
 - Drawn from the Robert Wood Johnson Foundation County Health Rankings
 - Will seek opportunities to monitor progress more frequently than the annual release of RWJF rankings. Examples include:
 - ODMAP data
 - Increase/decrease of providers at Garnet and Crystal Run
 - SUNY Sullivan enrollment statistics

- **Project Mission Statement:** Create a system of care that is welcoming, accessible, person- and family-oriented, recovery- and resiliency-oriented, trauma-informed, culturally competent, integrated, and co-occurring capable.
- **Outcome Metrics:** Fewer “poor mental health days,” Fewer suicides, Reduce years of potential life lost, Fewer child abuse/neglect reports
- **Performance Metrics:** Increased utilization of behavioral health services, Increase in # of cancer and chronic disease screenings, more primary care providers available, Increased access/utilization of broadband
- **Key Project Tasks:**
 - ✓ Provide Intervention and Prevention Resource Information to the community
 - *Expand Emergency Mental Health capacity*
 - *Fully Develop “No Wrong Door” Initiatives*
 - *Project Teach (Pediatric PCPs can consult with child psychiatrists for free)*
 - *Generate more intensive substance use services, MH services for children*
 - *Introduce new mobile, peer counseling, and tele-health services*
 - *Educate and reduce stigma associated with mental health, STI, and substance use disorders*
 - *Provide supports to school districts (ACEs screening, CAC access, social workers)*

- **Project Mission:** Collaboration as a community to reduce stigma, protect the vulnerable, coordinate resources based on data driven need, initiate and implement prevention and treatment strategies, and support those who protect our county

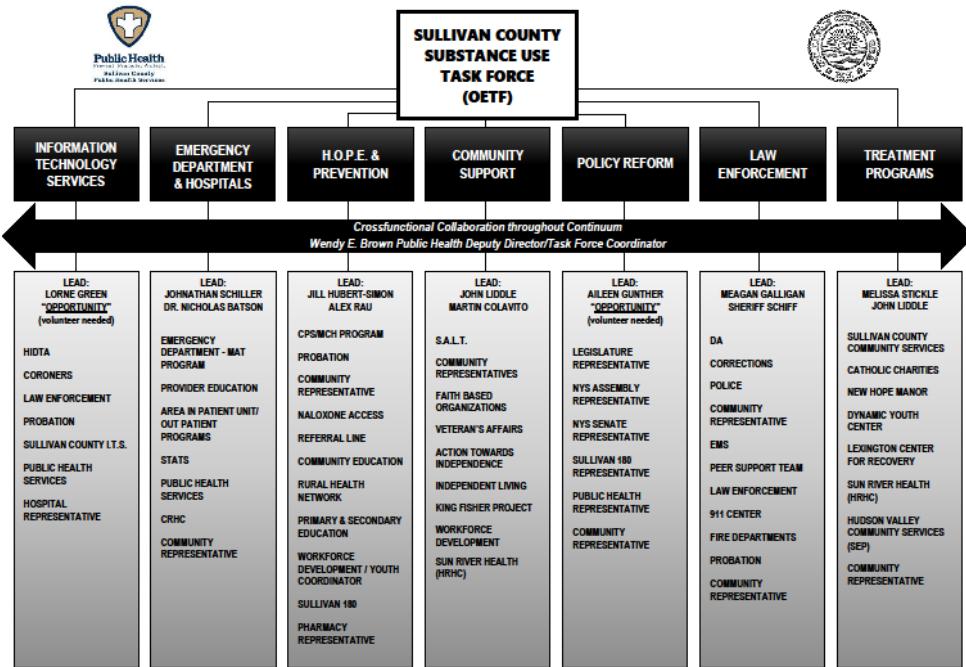
- **Outcome Metrics:** Fewer overdose deaths, More NARCAN saves, Reduced supply of narcotics, Reduced demand for narcotics

- **Performance Metrics:**

- Increase # of Narcan Trainings from 2020 to 2021 by 30 %
- Increase number of community volunteer participants on DTF Pillars 9/20 – 12/21 by 40 %
- Increase ODMAP data entry/utilization from 9/20 to 12/21 by 35%
- Increase support # agency participation on Treatment Pillar 9/20 – 12/21 by 25 %

- **Key Project Tasks:**

- Implement Hope Not Handcuffs / Pre Arrest Diversion Program
- Implement “Just in Time” Narcan Training for Field Use
- Implement MAT initiation in the Emergency Department at Garnet Catskills



- **Project Mission Statement:** Help Sullivan County residents achieve wellbeing and independence through opportunities that protect, empower, respect choice and preserve dignity
- **Key Issues to Address:** Affordable/Supportive housing shortage, Post-secondary education to support better paying jobs, Shortage of childcare providers
- **Targeted Outcome Metrics:** Fewer “poor mental health days,” Fewer suicides, Reduced years of potential life lost, Fewer child abuse/neglect reports, Increased workforce participation, Greater utilization of post-secondary education, Increase in area median income
- **Key Performance Metrics:**
 - Increase in residential development, supportive housing units, and rental permits issued
 - Increase in found/fixed code violations
 - Increase in number of childcare spaces, especially infant/toddler spaces
- **Key Project Tasks:**
 - Recruit new childcare providers and make it easier for new providers to get accredited
 - Increase public awareness of affordable housing issues in Sullivan County
 - Identify workforce skill needs and develop a strategy to better match training and education resources to needs

- **Project Mission Statement:** Create a grassroots movement that will change policy and environments while demonstrating that individuals and families have an important role to play in building a culture of health for themselves and the next generation. (From Sullivan 180)
- **Targeted Outcome Metrics:** Fewer “poor mental health days,” Fewer suicides, Reduce Years of Potential Life Lost, Reduced adult and child obesity, Fewer smokers, Increased leisure-time physical activity
- **Targeted Performance Metrics:** Increased utilization of behavioral health services, Increase in # of cancer and chronic disease screenings, more primary care providers available, Increased access/utilization of broadband
- **Key Project Tasks:**
 - Implement Sullivan 180’s Empowering a Healthier Generation Plan
 - Increase education, awareness and prevention activities in schools
 - **Raise awareness and reduce stigma associated with ACEs, suicide, substance use**